

# Dealing with Pain

Most all children will have some level of discomfort following surgery or a fracture. The amount of pain that your child will experience is dependent on many factors such as:

1. The type & severity of the fracture or the kind of surgery performed,
2. The amount of swelling now and the amount of swelling that develops over the next 48 hours,
3. The type of cast or splint applied, and
4. Your child's "perception" of pain.

We have found that most children are more comfortable if pain medication is given on a consistent schedule for the first 2-3 days following their surgical procedure or injury. Therefore, we recommend that you alternate some form of Ibuprofen (such as Advil or Motrin) with Tylenol for better pain control. It is important to realize that **all** pain **cannot** be relieved with any combination of drugs.

Tylenol and Ibuprofen can be given every 6-8 hours.

We suggest that you give:

•**Tylenol** at **12MN-6AM-12NOON- 6PM** \_\_\_\_\_mg/ dose

•**Ibuprofen** at **3AM-9AM-3PM-9PM** \_\_\_\_\_mg/ dose

**Oxycondone** can be given along with Ibuprofen and Tylenol. After 2-3 days this schedule of medicines can be reduced if your child is improving. Remember that pain may seem to be more severe at night for 1-2 weeks and may require medication in the early evening to help the child sleep.

Possible side effects:

**Oxycodone**

Dizziness  
Nausea/vomiting  
Drowsiness  
Changes in mood

**Ibuprofen**

Blurred vision  
Skin rash  
Severe abdominal pain/Vomiting  
Blood in stools

If you have any questions or concerns about your child's pain or discomfort, please do not hesitate to call.

Sharon Mayberry, M.D. & John T. Killian, M.D.

